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# Your Southernaire Resort Committees/ Organizations and/or Groups

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Chaplain.....Sharon Gray (not a Board Member)

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# **Southernaire Social and Recreation Association Committee**



# Southernaire

# Committee Members:

Carol Moss, Lisa Heim, Goldie Flynn, Barb Brophy

Members-at-Large ...... Joe Rideout Lot 144

.....Richard Oster Lot 347

Bingo Recreation Association

Sunshine Club.....Lisa Heim Lot 234

Newsletter..... Monica Ross Lot 219

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# WHAT'S NEW AT SOUTHERNAIRE

Welcome to our new neighbor Laura at 243!
If you need to get ahold of me (Julie) please call the cell phone number 727-492-5104.



#### STRAY CATS

If you have a cat in the park, they need to be kept inside as per the park rules.

#### NEWSLETTER

If you have any info that might be valuable to the newsletter, please see Julie.

#### SPECIAL THANKS

A very special thanks to Mike and Cheri at 235 for providing the meat for the 4th of July cookout! Thanks to everyone for the great turnout and yummy food!

#### **PARKING**

No parking on the streets or the yards/grass. Park in your driveway or visitor parking in front of office or side of shuffleboard court. All vehicles must have current license plates and no wrecked/not running vehicles.

#### **DUMP FEES**

Do not dump furniture, electronics, etc by the dumpster. Metal scrapable (appliances, etc) pick up is usually free. Anything else, see Julie or Donnie if you need a dump run. There is a fee. Please keep the dumpster doors closed so the raccoons don't get in.

#### **CARPORTS**

Please make sure your **carport is cleared out** and neat in appearance. No exterior storage as per rules. It is also a hurricane hazard.

As always if you see anything suspicious going on the Sheriff's department non-emergency number is 727-582-6200.

#### **EVENTS**

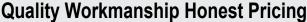
Fun Fun Fun Jewelry Class with Barbara from 309. Supplies \$25. Please sign up in clubhouse.

## **UPGRADES**

The roads are scheduled to be paved over approximately August 30th. There will also be a curb installed where the railroad ties are.

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Our top priority is the health and safety of our employees and our customers. Our employees are closely following the Centers for Disease Control (CDC) guidelines and recommendations, like frequent hand washing, social distancing, and staying home if they are feeling ill.

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- Get Well Wishes to Claude Lot 442

Wow a lot of residents are having some health issues. I wish all of you a speedy recovery and get well soon.

Respectfully yours,

Lisa Heim, Lot 234



# VINTAGE BUTTON NECKLACE

# To make this necklace you'll need:

- 1. Vintage buttons enough to make a necklace, Cutting pliers, Faux leather, Satin ribbon, Sewing scissors, Hot glue (gun), Faux pearl beads.
- 2. Choose buttons of different sizes, colors and types.
- 3. Arrange buttons on a flat surface and try to create a nice pattern.
- 4. Cut the small loops off the back of the buttons with wire cutters. Make the bottom of the button as flat as possible.
- 5. Measure and cut enough faux leather to make the necklace.
- 6. Cut enough satin ribbon to tie a bow knot at the back of your neck. I took 20 inches long satin ribbon. Burn both ends of the ribbon after cutting it.
- 7. Glue the satin ribbon to the faux leather. Keep even amount of ribbon on both sides of the faux leather.
- 8. Apply hot glue on the back side of the button and quickly place the button on it's position.
- 9. After gluing all the buttons, add some faux pearl beads to fill the small spaces.
- 10. Trim fabric neatly near the border of the buttons so that it can't be seen. Use sewing scissors to cut the faux leather.
- 11. Burn the top side of the trimmed fabric to secure the satin fabric.





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# **HOW TO STAY SAFE AND COOL IN HOT WEATHER**

eatstroke and heat exhaustion top the list and can be quite dangerous. If you start to feel sluggish, light-headed, nauseated or dizzy after being outside, listen to your body. Get into the shade or seek out air-conditioned areas. A cool shower or pouring cold water over wrists, ankles and the back of the neck can also help get body temperature down.

**Dehydration** is a serious problem for older people. It's very important to keep up fluid intake. Drink a full cup of water with vitamins or medication, instead of a sip, can encourage people to drink more fluids.



Also, avoid alcohol and caffeine, as they can be dehydrating.

# **How to Keep Older Adults Safe in Extreme Heat**

Older people have an increased risk of skin cancer, so wear sunscreen with broad spectrum protection, a broad-brimmed hat and sunglasses.

**Heat rash**, that prickly, itchy skin condition, can develop if you're out in the sun. Wearing light-colored, loose clothing made of breathable fabrics can help keep you cool and prevent rashes.

# **Cooling strategies**

Stay inside on the hottest days. Seek out air-conditioned areas. There are also low income energy assistance programs if you're having trouble paying your electric bill. Contact the nearest office for the Low-Income Home Energy Assistance Program (LIHEAP) for more information.

**Take a dip**. That could mean going for a swim or a float in a pool or a lake, but it can also mean taking a cool shower.

**Seek out shade.** Take a walk in the woods instead of on a path in full sun, or do some gardening under a tree. If you need to go out, shift your timing to early morning or evening when the sun isn't as strong and more shade is available.

Get more water. Get in the habit of sipping regularly. As people age, the ability to sense thirst wanes, so drink liquids often in hot weather. Flavoring water with fruits and even vegetables like cucumber can make it more inviting and some reusable water bottles include a core to load with lemons, apples or strawberries. Some fruits have a high water content, so choose watermelon or grapes for snacking.

# A Complete Listing of Resident Services can be found on the page before your calendar



# **Buttery Shortbread Cookies**

### **Ingredients**

- 2 cups salted butter, cold and cut into pieces
- 1 cup packed light brown sugar
- 4 1/2 cups all purpose flour, divided
- Optional: Your favorite sprinkles

#### **Instructions**

- 1. Preheat oven to 325F, with rack on lower middle position. Line baking sheets with parchment paper or silicone mats; set aside.
- 2. In the bowl of a stand mixer, add butter and brown sugar. Using paddle attachment on medium-high speed, mix until fluffy and light, several minutes. Add only 3 1/2 cups of the flour and mix on medium-low speed until combined.
- 3. On a large board, sprinkle 1/2 cup flour to keep dough from sticking to the board. Use rubber spatula to transfer dough to the board. Knead dough by hand for 5 minutes, adding only as much of the remaining 1/2 cup flour as needed to make a soft dough, while continuing to knead by hand. The dough should end up soft and pliable, similar to play-dough, not sticky. Work in desired amount of sprinkles, if using. (Important Note: You may not end up using all the flour, depending on how your dough feels; it's important to stop adding flour as soon as your dough feels like soft play dough.)
- 4. Divide dough into thirds, wrap tightly, and chill for at least 30 minutes or until firm enough to roll and cut shapes. Roll one-third of the dough out to about 1/2 inch thickness (lightly flour board if needed.) Either cut into 3×1 rectangular strips, triangles, or use cookie cutter for shapes. Place each cookie 2 inches apart on baking sheet. Poke cookies with fork to design if not using sprinkles.
- 5. Bake 15-20 minutes, or until edges are golden brown. If your shapes are smaller, bake less time. Bake longer for bigger shapes. Repeat with the remaining dough, working in batches so dough stays chilled and workable.
- 6. Cool completely on wire rack before serving. Cookies keep very when sealed airtight, at room temp.

#### **Notes**

Extra dough can be frozen for up to 2 months. Wrap completely airtight; defrost dough when ready to roll/cut.



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# **August Crossword**

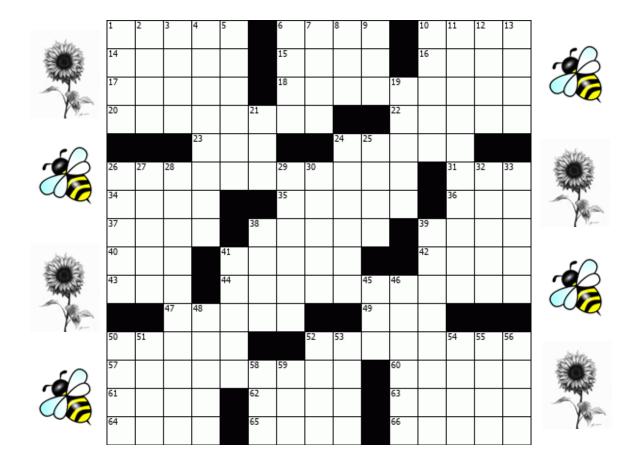
#### **Across**

- 1. Pop
- 6. Three-seater
- 10. Daredevil's specialty
- 14. Chilean resort
- 15. Writing on the wall, e.g.
- 16. In the old days
- 17. Uppity one
- 18. Indolent one
- 20. "Waiting for Godot" character
- 22. Animated pet dog
- 23. Outback bird
- 24. Indy 500 feature
- 26. Lively one
- 31. Actress Thurman
- 34. Verdi's "D'amor sull'ali rosee," e.g.
- 35. Some are high
- 36. Gear tooth
- 37. Uncover
- 38. Pretended
- 39. Harrow's rival
- 40. Catered to
- 41. Steadier
- 42. It usually smells great
- 43. Start of a Musketeer credo
- 44. Happy one or 1958 Danny Kaye film
- 47. Proper Post
- 49. Inventive account
- 50. Holding of value
- 52. Smoothed feathers
- 57. Quick one
- 60. Give the slip
- 61. Up for the job
- 62. Teensy amount
- 63. Danish philosopher Kierkegaard
- 64. They're caught at the beach
- 65. Homophone for pique
- 66. Papal council

#### **Down**

- 1. It may be stolen in parks across the country
- 2. Grecian vessels
- 3. Run rampant
- 4. Bridge need
- 5. Japanese floor covering
- 6. One way to fly
- 7. Muscat locale
- 8. Shriner's hat
- 9. Take your pick
- 10. Shake awake
- 11. Teacher
- 12. Cicatrix
- 13. Atlantic City game
- 19. Some are stuffed with potatoes
- 21. Word with machine or ray
- 24. Like a hornet's nest
- 25. Served perfectly, in tennis
- 26. Former Israeli city
- 27. An archangel
- 28. Without intellectual involvement
- 29. Indian taxi
- 30. It's often wild
- 32. Bullwinkle, for one
- 33. 39th VP
- 38. Some add it to the fire
- 39. Goal
- 41. Strike down
- 45. Chicken \_\_\_ king
- 46. Tops in politeness
- 48. and bounds
- 50. Yonder
- 51. Island in the West Indies
- 52. Pocket bread
- 53. Dike problem
- 54. Counterweight
- 55. Steinbeck title word
- 56. Fender find
- 58. Short swim
- 59. Female hare





# **EASY TERIYAKI CHICKEN**

# **Ingredients**

for 4 servings

- 2 lb chicken thighs, sliced into chunks
- 1 cup soy sauce
- ½ cup brown sugar

# **Preparation**

- 1. Sear the chicken thighs evenly in a pan, then flip.
- 2. Add the soy sauce and brown sugar, stirring and bringing to a boil.
- 3. Stir until the sauce has reduced and evenly glazes the chicken.
- 4. Serve with rice, if desired!





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Game I	9	8
Game 1	16	15
Game I	23	22
Game 1	30	29

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uesday	Wednesday	Thursday	Friday	Saturday
3 Night 7 PM	Coffee Hour 10-11 AM Poker 6 PM	5	6 Movie Night 7 PM	7
10 Night 7 PM	Coffee Hour 10-11 AM	12	13 Movie Night 7 PM	14
17 Night 7 PM	Coffee Hour 10-11 AM	19	20 Movie Night 7 PM	21
24 Night 7 PM	25 Coffee Hour 10-11 AM	26 3 PM Jewelry Class with Barb (Supplies \$25)	27 Movie Night 7 PM	28
31 Night 7 PM				S M T W T F S 1 2 3 4  5 6 7 8 9 10 11  12 13 14 15 16 17 18  19 20 21 22 23 24 25  26 27 28 29 30



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### Ask yourself:

- 1. Is your doctor's office still open?
- 2. Have you heard from your doctor in the past two weeks?
- 3. Is your doctor personally calling and texting to check on you?
- 4. Has your doctor called you to explain your risk of coronavirus?
- 5. Is your doctor's office offering doctor phone visits?
- 6. Does your doctor allow walk-in visits?

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- 7. Are you able to call your doctor anytime, day or night?
- 8. Do you have any difficulty getting to and from your doctor?
- 9. Is your doctor helping to make sure you receive all of your prescription refills?
- 10. Is your doctor offering to help you get your medications delivered?

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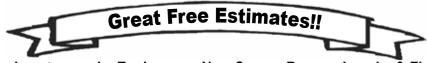






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# August

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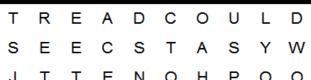
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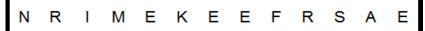


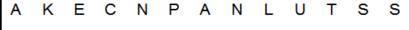
# August Word Search











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#### **EVENTS & PROGRAMS**

VENDORS WANTED- HOLIDAY BAZAAR - Saturday, 11/13/2021, 9am-1pm. \$30 - 1 table, \$25 additional table, \$15 additional floor space. First Lutheran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Questions: 727-477-3806 or eobrien2429@gmail.com - 217-251-4382 or jayneb1227@gmail.com

#### **EVENTS & PROGRAMS**

ATTENTION CRAFTERS: Paradise Island Annual Craft Fair is taking reservations for spaces at the Annual Craft Fair, on Saturday November 6, 2021, 9 am to 2 pm. Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Handmade items only. For reservations contact Nadine at 402-750-3083 call/text, email: nadine5106@gmail.com. Deadline October 15th.



#### ATTENTION RESIDENTS!

Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

# SEPTEMBER AD DEADLINE - AUGUST 10, 2021

Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
 Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
 No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

SOUTHERNAIRE SENTINEL AUGUST, 2021 D



# **AUGUST CALENDAR**

merican Artist Appreciation Month. The United States has been home to many amazing artists throughout history—Mary Cassatt, Jackson Pollack, Georgia O'Keeffe, Andy Warhol, and many more. Celebrate the month by discovering new American artists of all kinds. Check out your local museums and galleries to support local artists.

Children's Eye Health and Safety Month. Along with shopping for back-to-school clothes and supplies, it's time to make comprehensive eye exam appointments for the kids. Have your children's eyes examined during well-child visits beginning around age three. Your child's eye doctor can help detect refractive errors such as nearsightedness, farsightedness, astigmatism, and other diseases.

**National Water Quality Month.** National Water Quality Month is dedicated to making the most of the relatively small amount of fresh water we have. Clean water is vital to our individual health, our collective agricultural needs, and our environment.

**Read a Romance Month.** Love makes the world go around, right? In August people are ready for a romantic beach read. With no national holidays to distract you, you can make August an uninterrupted flow of all kinds of romantic reads.

# Weekly

**International Assistance Dog Week, Aug. 1–7.** International Assistance Dog Week was created to recognize all the devoted, hardworking assistance dogs helping individuals mitigate their disability-related limitations.

Safe + Sound Week, Aug. 9–15. Successful safety and health programs can proactively identify and manage workplace hazards before they cause injury or illness, improving sustainability and the bottom line. Participating in Safe + Sound Week can help get your program started, energize an existing one, or provide a chance to recognize your safety successes.

**Brake Safety Week, Aug. 22–28.** Properly functioning brake systems are crucial to safe commercial motor vehicle operation. Commercial motor vehicle brakes are designed to hold up under tough conditions; however, they must be inspected and maintained carefully and consistently so they operate and perform properly throughout the vehicle's life.



# **AUGUST DAYS**

**ughnasadh, Aug. 1.** A Gaelic festival marking the beginning of the harvest season.

International Beer Day, Aug. 6. Wherever you are in the world, enjoy your favorite brew responsibly.



World Elephant Day, Aug. 12. The elephant is loved, revered, and respected by people and cultures around the world, yet we balance on the brink of seeing the last of these magnificent creatures.

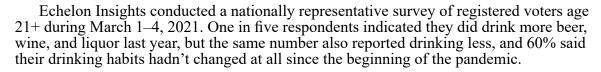
National Nonprofit Day, Aug. 17. Nonprofits help awareness, research, and aid reach the people who need it most.

Women's Equality Day, Aug. 26. The observance of Women's Equality Day commemorates the passage of the 19th Amendment, giving women the right to vote and calls attention to continuing efforts toward full equality.

# **NUMBERS IN THE NEWS**

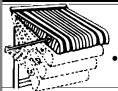
# Did we drink more during COVID-19?

ocked down in 2020 because of the spreading coronavirus outbreak, many people baked bread, studied foreign languages, and stopped wearing pants. But did they drink more? It might have been tempting, but a study conducted on behalf of the Beer Institute (reported on the Craft Brewing Business website), found that most people didn't increase their consumption of beer and other alcoholic beverages, despite the assumption that drinking must have increased during the lockdown.



COVID-19 did have an impact on the beer industry, though. The pandemic resulted in a loss of almost \$20 billion in retail beer sales, and more than 561,000 U.S. jobs were lost, the majority in bars and restaurants that suffered from restrictions or closed outright.

# **CENTURY AWNINGS**



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# Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

**THOUSANDS manufactured home residents have won over \$157,800** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid receipt</u> to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285.** 

That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

#### (Allow 8-12 weeks for mailing of check). This month's cash winners are:

Kathy Vesely\$	100	
Roberta Harris \$	\$10.	1st Class Handyman Service
Jessie Owens	\$10.	Boss Electric
James Pietrocarlo \$	\$10.	Air Masters of Pinellas
Carol Smerker \$	\$10.	Heller's Mobile Home Washing
		Jones & Sons Plumbing
		Community Roofing
Remo Malgieri \$	\$10.	Battleline Termite & Pest Control
Rachel Doherty \$	\$10.	Royal Enterprise
Marlene Rydzewski \$	\$10.	Century Awnings
Lilah Miller \$	\$10.	Rod Runners
Richard Gilbert \$	\$10.	Imperial Electrical
Jeannie Cobb	\$10.	Battleline Termite & Pest Control
		Bill the Carpet Guy
Steve Malara	\$5	Air Masters of Pinellas
Chris Kennedy	\$5	
		Rick's Appliances
Keith Arndt & Lynn Donato.	\$5	Boss Electric
Marge Taylor	\$5	Doll Brothers
Judy Uschak	\$5	Air Masters of Pinellas
Claudia Gill	\$5	Jones & Sons Plumbing
Gloria Collins	\$5	Heller's Mobile Home Washing
Maria Mayo	\$5	Payless Painting
Philip Pedrin	\$5	The Plumbing Patrol

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Robert Baxter	\$5	Jones & Sons Plumbing
		Battleline Termite & Pest Control
		Heller's Mobile Home Washing
		1st Class Handyman Service
		Betty's Cleaning
Dot Lyons-Wilkie	\$5	Royal Enterprise
		Dawn-Rae - Cruthfield
Nancy Pachalis	\$5	Heller's Mobile Home Washing
Lorrane & Edward Richards.	\$5	Royal Enterprise
Irene Mason	\$5	Jones & Sons Plumbing
		Air Masters of Pinellas
		Heller's Mobile Home Washing
		Jones & Sons Plumbing
Carol Lynn Harbour	\$5	Royal Enterprise
		Air Masters of Pinellas
Linda Janckila	\$5	Jones & Sons Plumbing
		Bill the Carpet Guy
		Heller's Mobile Home Washing
		BugginOut Pest Control
		Bill the Carpet Guy
		Royal Enterprise
Roberta Rauer	\$5	Bill the Carpet Guy

- Limit of one ticket per visit Advertiser may have up to 4 winners per month Advertiser must have bill paid current to qualify
- No purchase necessary Contest void where prohibited by law Tickets available at participating Monthly Media advertisers.

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